

## IN THE CLAIMS

Please amend the claims as follows:

Claim 1 (Original): A hair holder comprising a flat tube having a first side and a second side and formed of at least one sheet in such a design that a strand of hair can be inserted from an end opening at one end thereof to an end opening at the other end thereof, a sheet of the first side of the tube having a plurality of sheet openings that are long in the width direction of the tube and are arranged with a space in the length direction of the tube, and the tube having substantially no extensibility in the length direction thereof.

Claim 2 (Original): The hair holder according to claim 1, wherein the sheet openings are long in the width direction of the tube, extend over a length of at least  $\frac{2}{3}$  of the width of the sheet forming the first side, and are arranged at a pitch of 2 to 50 mm.

Claim 3 (Original): The hair holder according to claim 1 or 2, wherein the sheet openings are ellipses, rectangles or slits.

Claim 4 (Currently Amended): The hair holder according to ~~any one of claims 1 to 3~~ claim 1 or 2, wherein a sheet forming the second side of the tube has a Taber stiffness of 0.4 mN·m or more.

Claim 5 (Currently Amended): The hair holder according to ~~any one of claims 1 to 4~~ claim 1 or 2, having a sheet having a Taber stiffness of 0.4 mN·m or less applied in tension to the sheet openings.

Claim 6 (Currently Amended): The hair holder according to ~~any one of claims 1 to 5~~ claim 1 or 2, wherein the tube is formed of two rectangular sheets, the two sheets being joined together along the long side edges thereof, and one of the two sheets having the sheet openings.

Claim 7 (Currently Amended): The hair holder according to ~~any one of claims 1 to 6~~ claim 1 or 2, having a plastically deformable member attached to the tube along the length direction of the tube.

Claim 8 (Original): The hair holder according to claim 7, wherein the plastically deformable member is movable relative to the tube.

Claim 9 (Currently Amended): The hair holder according to ~~any one of claims 1 to 8~~ claim 1 or 2, wherein the tube has indentations at spaced intervals on opposite long side edges thereof.

Claim 10 (Currently Amended): A hair holder comprising a flat tube having a first side and a second side and formed of at least one sheet in such a design that a strand of hair is inserted from an end opening at one end thereof to an end opening at the other end thereof, the first side of the tube is formed of a sheet having a Taber stiffness of 0.4 mN·m or less, the sheet forming the first side of the tube having adhered thereto a plurality of attachment pieces that are long in the width direction of the tube at spaced intervals along the length direction of the tube, and the tube having substantially no extensibility in the length direction thereof.